

# CAPE TOWN MAP

# HELDERBERG



## TOP 10 MUST-DO EXPERIENCES

- 1 Helderberg Wine Route:** Indulge in some of the fabulous wines that the region has to offer at a selection of 20 wine farms.
- 2 Watersport fun:** For a jolly day out, visit Waterworld or Blue Rock for a variety of adventures for the whole family.
- 3 Strand & Bikini Beach:** Lounge around, tan and swim at two of the most popular family beaches in the city.
- 4 Cheetah experience in Somerset West:** Have a special personal encounter with these magnificent cats, whilst petting or even walking with them on the beach.
- 5 Mountain Bike:** Conquer the hills, gravel roads and single tracks of the many cycle trails on Helderberg farm or in the Schapenburg mountains.
- 6 Whale-watching:** Spot the biggest mammal on earth from Clarence Drive, during whale season from July to October each year.
- 7 Golfing:** Practice your swing on one of the beautiful courses like Erinvale, Somerset West and Strand.
- 8 Gordon's Bay Harbour:** Have a sundowner on the jetty at the harbour or take a boat ride or jet-ski into the bay.
- 9 Helderberg Nature Reserve:** Get a permit to hike one of the many trails, offering splendid views over the winelands and ocean.
- 10 Markets:** Enjoy the fresh food, crafts and relaxing vibe at the Blaauwklippen and Lourensford markets happening over weekends.



Playing golf at one of the pristine courses



The historic manor house at Vergelegen wine farm

## EMERGENCY NUMBERS

In the event of an emergency, use the following numbers:

**All Emergencies:** 112 (mobile) or 107 (landline)  
 or +27 (0)21 480 7700 (international)  
**Police:** 1011  
**Ambulance:** 10177

## CAPE TOWN TOURISM SERVICES

- 1** General travel information.
- 2** Reservations for accommodation, car hire, tours and activities.
- 3** South African National Park bookings at our City Centre, Kirstenbosch, Muizenberg, Blaauwberg and Somerset West office.

- 4** Table Mountain National Park My Green Card and Activity Permits at all offices.
- 5** Computicket sales at our City Centre, Blaauwberg, Simon's Town, Airport, Somerset West and Muizenberg office.
- 6** Webtickets, for example Robben Island tickets, Table Mountain Cableway tickets and events, at all offices.

Booking and information services are available online, through our Call Centre and at selected Visitor Information Centres.

Contact Cape Town Tourism on:  
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 info@capetown.travel  
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